

# Laughter as Faith

“I read a book by Peter Berger entitled, *A Rumor of Angels*. ...intimation of the divine within ordinary experience, Berger suggests, is the phenomenon of laughter.

In laughter, he submits, we intuit our transcendence:  
Given that we are able to laugh in any situation shows that there is something in us  
that is above that situation, transcendent to it.  
In laughter, Berger believes, we have a rumor of angels.

Commenting on the Beatitudes in Luke’s Gospel where Jesus says,  
blessed are you who are now weeping, for you shall laugh,  
theologian Karl Rahner says that what Jesus is saying suggests that the happiness of  
the final state will not just dry away our tears and bring us to peace,  
it will also bring us to laughter – “to an intoxication of joy”.

**Hence, in laughter we do have a rumor of angels and we do intuit our  
transcendence. In laughter we do manifest that we are on good terms  
with reality, and on good terms with God.**

In laughter we affirm, loud, joyously, and to the world, the great mantra of  
Julian of Norwich that, in the end, all will be well, and all will be well, and every  
manner of being will be well – even though our world is not in that state today.”

Read the reflection in full: [http://ronrolheiser.com/laughter-as-faith/#.XSN3-5NKg\\_8](http://ronrolheiser.com/laughter-as-faith/#.XSN3-5NKg_8)

## Blessing + Quote

***“Faith does not mean trusting God to stop the storm.  
But trusting God to strengthen us, while getting wet with us  
as we walk through the storm together”***

Amen

## Reflection

If I trust in God’s presence more how would my laughter change?  
How can I truly laugh more?