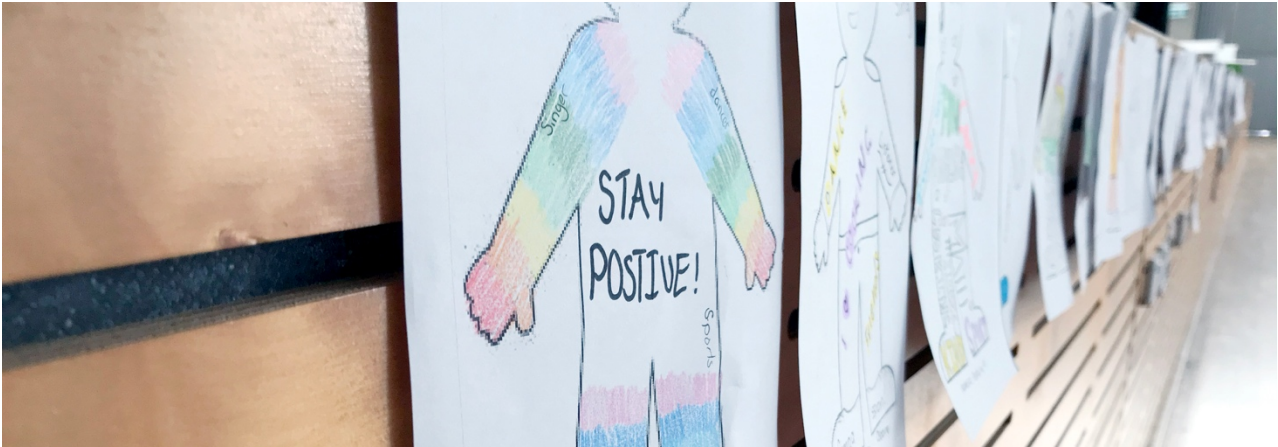


# New Serenity Prayer

*May this prayer help us to love with honesty, humility and humour...*

*"Let us really love one another" ~ St Mary MacKillop*



*"God, grant me the serenity to accept the people I cannot change,  
which is pretty much everyone, since I'm clearly not you, God.*

*At least not the last time I checked.*

*And while you're at it, God, please give me the courage  
to change what I need to change about myself,  
which is frankly a lot, since, once again,  
I'm not you, which means I'm not perfect.*

*It's better for me to focus on changing myself  
than to worry about changing other people,  
who, as you'll no doubt remember me saying,  
I can't change anyway.*

*Finally, give me the wisdom to just shut up  
whenever I think that I'm clearly smarter  
than everyone else in the room,  
that no one knows what they're talking about except me,  
or that I alone have all the answers.*

*Basically, God, grant me the wisdom  
to remember that I'm not you.*

*Amen."*

**Fr James Martin SJ**

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**Reflection:** How can I practice the new serenity prayer?