

# Creating Space

*Gently breath in & out - Feel the rhythm - Reflect on the photo*

You show me the path of life. In your presence there is fullness of joy;  
in your right hand are pleasures for evermore. [Psalm 16: 11](#)

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“Mature religion will always lead us to some form of prayer, meditation, or contemplation to balance out our usual calculating mind.

...But the goal of contemplation is not success, only the continuing practice itself.

**The only people who pray well are those who keep praying!**

...When our judgmental mind and all its commentaries are placed aside, God finally has a chance to get through to us, because our pettiness and self-protective filters are at last out of the way. Then Truth stands revealed on its own—quite simply—and we will experience a rebirth of the soul.” - [Richard Rohr OFM](#)

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## Quote

Prayer has a deeper priority (than making yourself holy); it is the sanctification of the world of which you are a privileged inhabitant. Listen to the voices of longing in your soul, your hungers. Make a prayer that is big enough for your wild soul. Write a prayer that is worthy of the destiny to which you have been called. - [John O'Donohue](#)

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## Reflection

How can my goal be not success? How can I pray in a new way?